



MOUNT NELSON

A BELMOND HOTEL
CAPE TOWN

THE JOYFUL HOME
OF CAPE TOWN

EXPERIENCE BROCHURE

[BELMOND.COM/MOUNTNELSON](https://belmond.com/mountnelson)

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hotel and its surrounds during
your stay with us*

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Dining & dining





Exploring legendary local gastronomy



AFTERNOON TEA

Everyday from 11am to 5pm (rolling
Afternoon Tea, bookable on the hour)

The tradition of taking Afternoon Tea was invented over 200 years ago by Anna Russell, the 7th Duchess of Bedford. It very soon became a fashionable way to entertain.

Mount Nelson's Afternoon Tea service continues this tradition with an enviable selection of fine loose-leaf teas from across the globe and a sumptuous array of sweet and savoury delicacies.

The hot beverage menu boasts over 60 loose leaf teas and an array of single origin African coffee beans to choose from.

R595 PER ADULT

R350 PER CHILD UNDER THE AGE OF 12

R250 PER PET

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CHEF'S TABLE

Tuesday to Saturday, seating at 7pm

Step into the gastronomic heart of the hotel and take your seat in an exclusive, hidden dining space. Watch in wonder as dishes are prepared right before your eyes—then uncover the inspiration behind each creation. Menus change frequently according to the seasonal ingredients available locally.

R1 650 PER PERSON

R2 420 PER PERSON WITH WINE PAIRINGS



THE FOUNTAIN

Daily from 12pm

Embark on a remarkable dining journey at our Mediterranean-inspired outdoor eatery, where fresh, locally-sourced ingredients take centre stage and flavour is celebrated. Our inviting outdoor setting creates a serene ambiance, perfect for leisurely meals with friends and family. Sip on expertly crafted cocktails and explore our thoughtfully curated selection of local South African wines, each chosen to complement the vibrant flavours of our menu.



SUNDAY JAZZ BRUNCH AT OASIS

Every Sunday from 12pm to 3pm

Sunday brunches are for jazzy musical feasts at The Nellie. Add a champagne sparkle with an option for unlimited bubbly.

R675 PER ADULT

R300 PER PERSON TO ADD UNLIMITED BUBBLY

R400 PER CHILD UNDER 12



PLANET BAR

Daily from 12pm

People-watch from the terrace in summer or find an intimate spot indoors, choosing from a superb menu of wines, spirits, signature cocktails, and light dishes. Our globally inspired snacks perfectly complement the carefully crafted cocktail menu, ensuring a delightful and memorable experience.



SATURDAY BRAAI AT OASIS

Every Saturday from 12pm to 3pm

A South African excuse to get together and have a good time, where food connects people and cultures. At the Nellie, we celebrate this jovial tradition by creating a space for loved ones to enjoy time together. Chef Luke and his culinary team offer a unique experience with various buffet-style stations including salads, seafood, hot sides and braai'd meat cuts served at your table. Finish off with crepes and waffles, traditional desserts and cheese.

R675 PER ADULT

R400 PER CHILD UNDER 12



THE VERANDAH

Dinner daily from 6.30pm to 11pm

Experience the culinary brilliance of the Verandah menu, a presentation of dishes using the finest seasonal South African ingredients, sourced from our trusted suppliers who focus on sustainable and organic practices. Chef Brinelle Cunningham has created a menu that shows off the ingredient with care and attention.



OASIS

Breakfast daily from 06.30am to 10.30am
Lunch Monday to Friday at 12pm to 3pm

Inspired by our gardens and locally available ingredients, we offer a farm-to-table experience that celebrates vibrant, bold, and ingredient-driven food. Sourced within the boundaries of the Western Cape, our dishes are simply executed to highlight their natural flavors. For a dining experience like no other, indulge in an al fresco breakfast and lunch amidst our serene surroundings.



THE RED ROOM* BY CHEFS WAREHOUSE

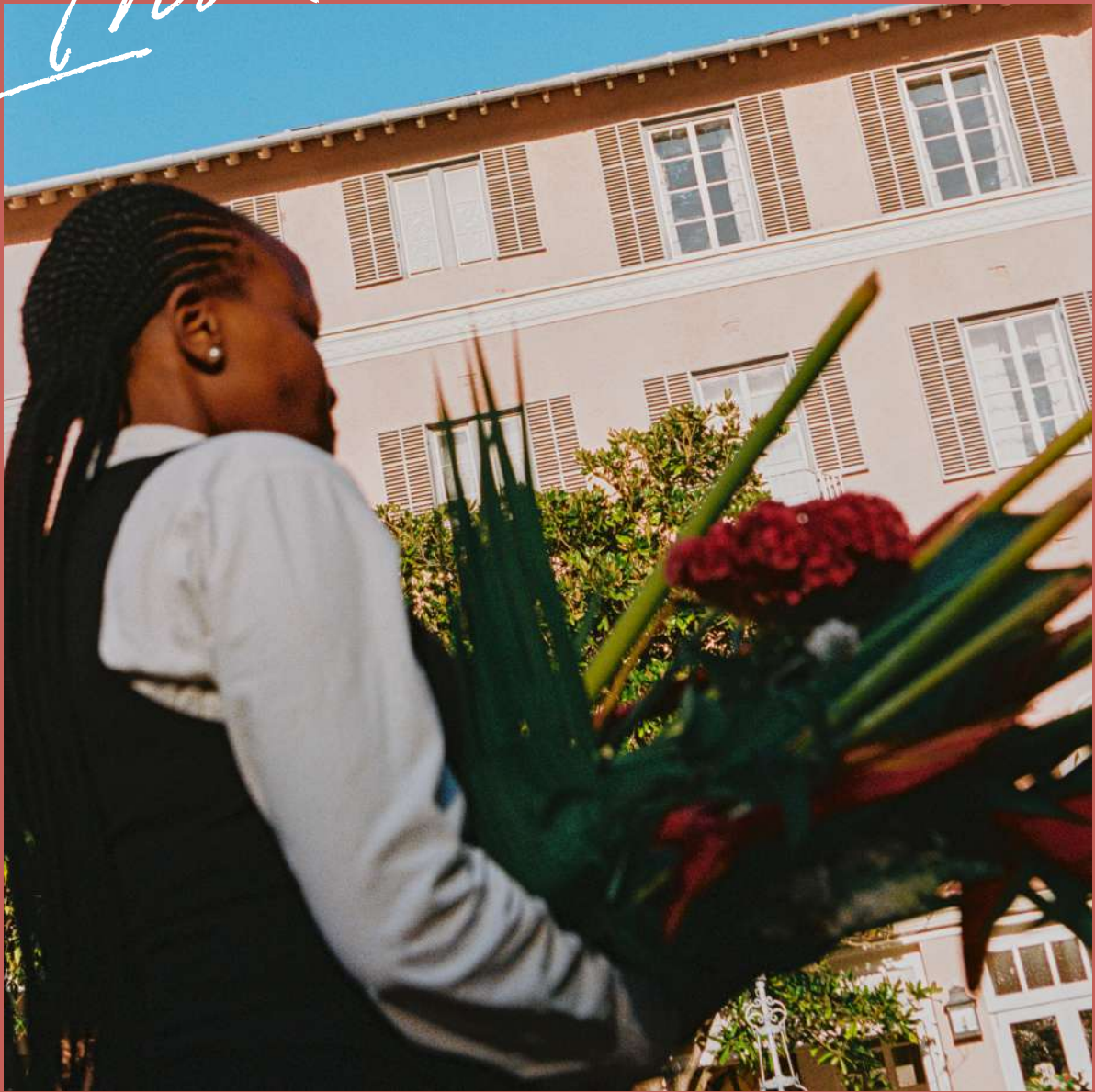
Restaurant is open Mondays to Sundays,
from 6pm to 9.30pm

Bar is open Mondays to Sundays from
4pm to late

*The Red Room will be closed on Sundays
from May to September.*

The Red Room by Chefs Warehouse. Under the guidance of celebrated chefs Liam Tomlin and David Schneider, both of Chefs Warehouse, the Pan-Asian restaurant, set beneath the hotel's grounds, is a one-of-a-kind culinary experience. Through a set of red velvet curtains and down a lacquered staircase, guests will arrive at a low-lit, glimmering bar with a tangible buzz in the air.

Inside our walls





Only at the Nellie



KIDS CLUB

Weekdays from 10am to 6pm

Children aged 4 to 12 can enjoy a range of creative and engaging activities including mosaic making, biscuit decorating and sand art. Organized activities, from group games to storytelling, take place throughout the day.

COMPLIMENTARY



LIBRISA SPA

Monday to Sunday from 9am to 7pm

Pick an indulgent therapy, and step into treatment rooms designed to promote complete relaxation. After, unwind with a steam in our exquisite Finnish sauna. Favourites to try during your stay:

THE MOUNT NELSON ROSE, R1900 for 90 min
Designed to enhance deep relaxation, muscle recovery and increased lymphatic flow from the tips of your toes to the muscles of your face.

AFRICAN WOOD MASSAGE, R1800 for 90 min

This shea butter and olive oil treatment by TheraNaka mimics the rhythms of African dance. Utterly invigorating, it's the perfect massage before an energetic activity.



TENNIS

Resident tennis coach Barkie McKrea offers lively interactive classes for all levels of tennis, designed to hone your serve, volleys and all aspects of your game. Barkie teaches all ability levels, solo or in groups.

FROM R900 PER HOUR SESSION



POOL CABANA

Daily from 10am to 6pm

Indulge in the epitome of exclusivity! Secure an all-day sanctuary for up to six guests. The cabanas promise a lavish and private escape, designed for you to relax and relish the day in style. Enjoy a wealth of amenities and curated services that redefine luxury, ensuring an unforgettable experience.

R6 000 PER DAY



CHOMMIES EXPERIENCE

Thursdays from 10am to 11am

The House of Chommies is Cape Town's colourful concept store located only a 5 minute drive from Mount Nelson. For people, Chommies makes colour-soaked accessories, knitwear, gifts and novelties so that every day can feel like a holiday. For dogs, they make high-quality, eye-catching accessories: leashes that promise long walks, harnesses for the more curious, and collars to show they belong. Chommies even stocks a bespoke Mount Nelson Range. Minimum group of 2 and maximum group of 10.

COMPLIMENTARY ACTIVITY

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BOOT CAMP

Wednesdays and Saturdays at 7am

Complimentary boot camp sessions with renowned fitness coach, JP. With sessions focusing on HIIT, cardio boxing and conditioning, it's the ultimate way to increase your fitness this festive season.

For 1-on-1 personal coaching sessions, JP creates holiday plans and bespoke sessions focused on your needs.

COMPLIMENTARY CLASSES 07H00
ADDITIONAL CLASSES FROM R640 PER HOUR SESSION



CHRISTOFF BOUTIQUE AND JEWELLERY

Browse the boutique, where you'll find a curated collection of choice souvenirs from fine ostrich and crocodile leather goods, to whimsical Ardmore ceramics.



HISTORY AND ARCHITECTURE TOUR

Wednesday at 5pm

Peek behind the scenes into the inner workings of Mount Nelson in its 125th year. Find hidden gems in the vast gardens and discover the myths and legends that stitch the Nellie together.

COMPLIMENTARY ACTIVITY



YOGA

Thursdays and Sundays at 7pm

Stay strong, fit and flexible with yoga. Offered in the tranquil gardens every second morning. Small group classes are available.

COMPLIMENTARY CLASSES AT 07H00
ADDITIONAL CLASSES FROM R1500 PER HOUR SESSION



IF TREES COULD TALK

Self-guided

A zippy one-hour self-guided walking tour of iconic trees in the tranquil gardens of the Nellie, which reveal many fascinating threads of Cape Town's history. Trees such as the eighty Canary Island palms that line the driveway entrance and the nearly 200-year-old wild Olive Tree have borne silent witness to the colourful ebb and flow of historic events in the Cape and indeed of this historical 125 year-old property.

COMPLIMENTARY ACTIVITY



GARDEN TOUR

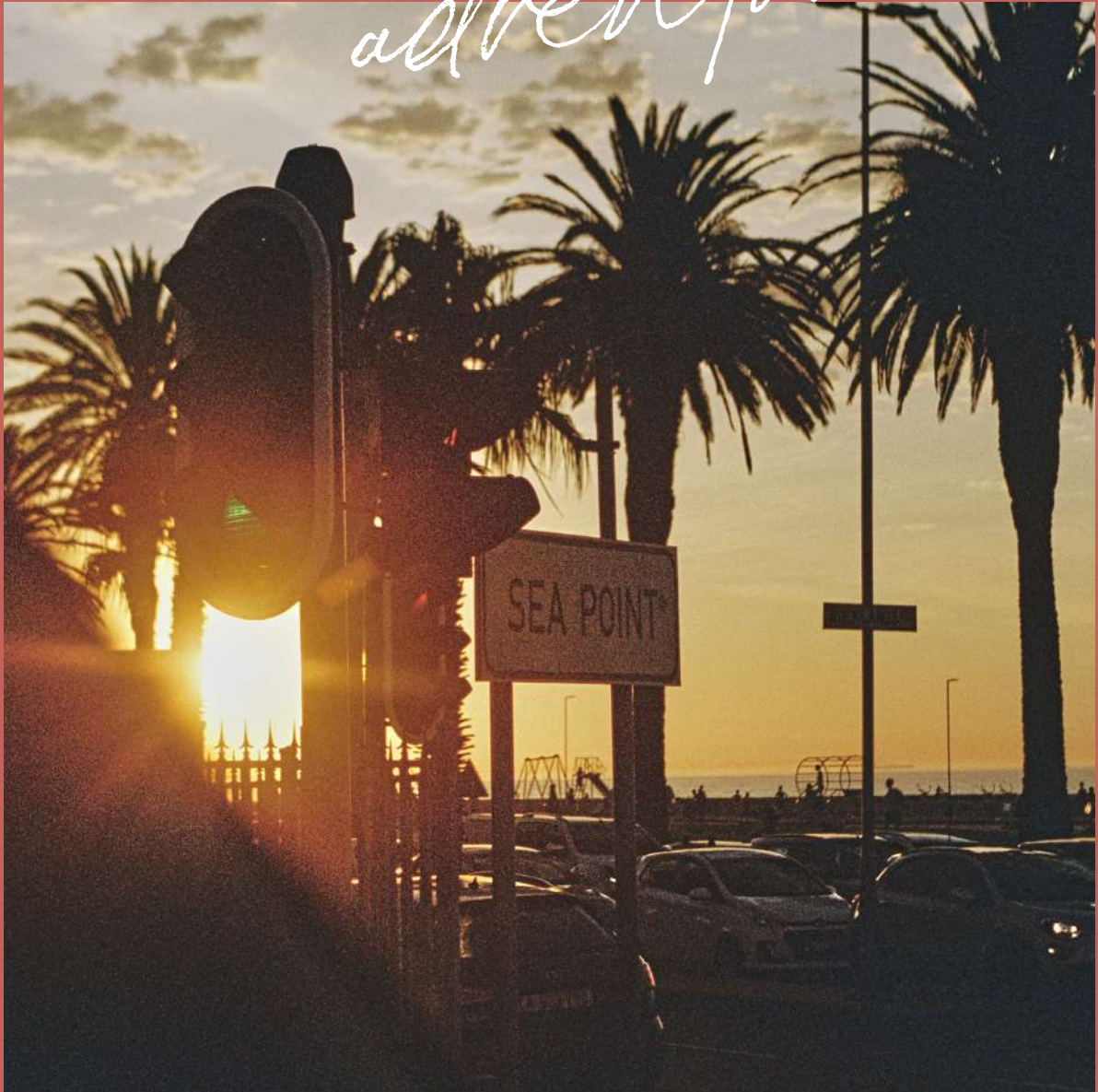
Tuesdays and Fridays at 8am

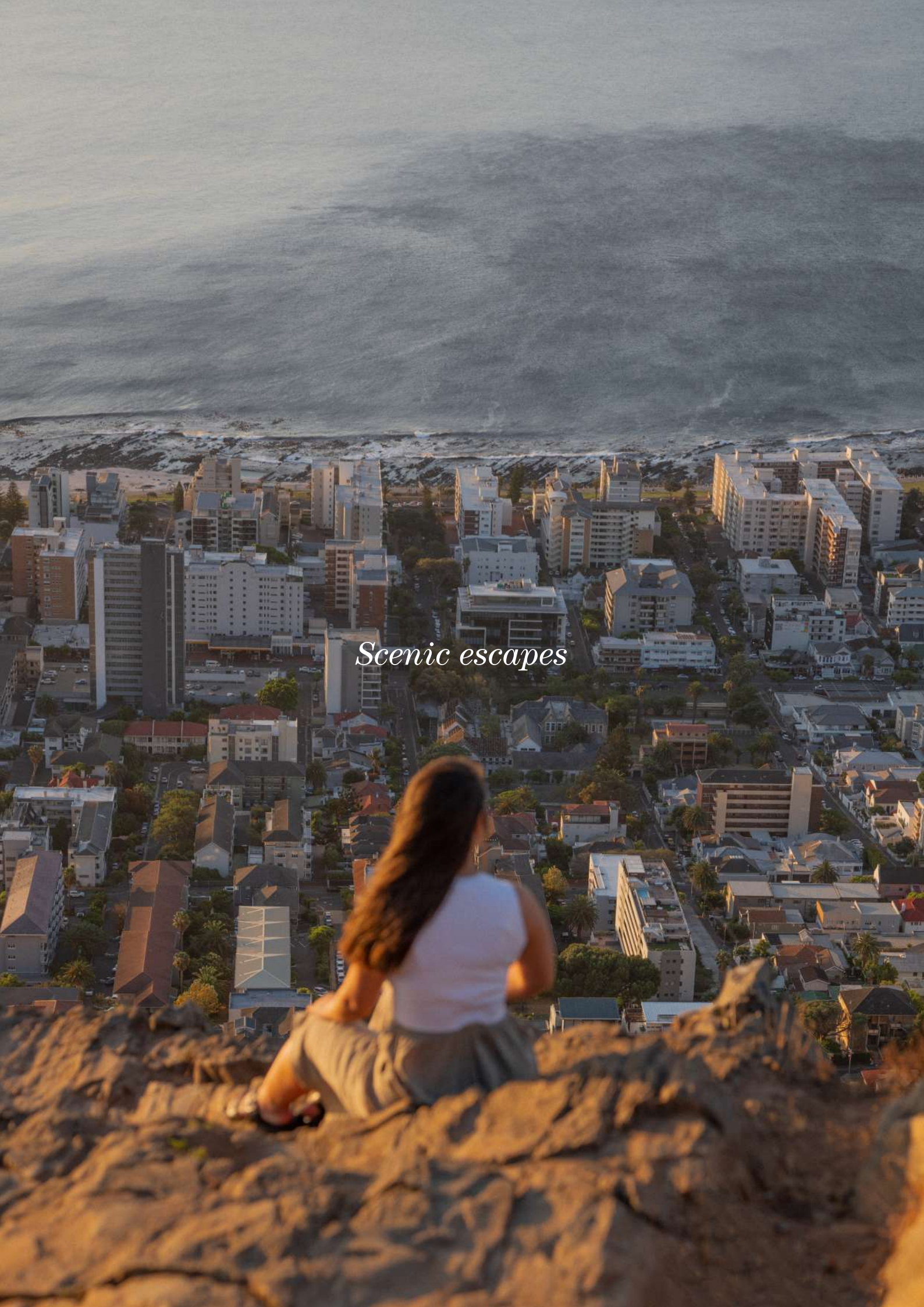
Join one of our experienced gardeners on a tour of the grounds. Learn about the ancient trees and iconic roses dotted throughout the nine acres of lush greenery.

COMPLIMENTARY ACTIVITY

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Cape Town adventures





Scenic escapes



WILD WINE ADVENTURE

Meet in the Lobby at 9am

Veer off-piste on a wine tasting Jeep trail. Plunging into the famed Constantia Winelands, the scenic tour visits three historic wine estates using private roads. Highlights include tasting the “best Sauvignon Blanc in the world”, meeting the region’s winemakers and feasting on tapas with sparkling Méthode Cap Classique refreshments.

R7 125 PER PERSON (SOLO RATE, 1 JEEP)

R4 750 PER PERSON (SHARING RATE, 1 JEEP)



SIDECAR ADVENTURES

Meet in the Lobby at 9am

Hop into a chauffeured vintage sidecar and explore Cape Town in timeless style. Head out along Chapman's Peak Drive and soak up the ocean views. Or go west towards the beautiful beaches of Bloubergstrand. Choose from a range of itineraries, from two-hour city tours to full-day excursions. Alternatively customise your own tour. We'll provide riding leathers, helmets, goggles and complimentary bandanas. *Top tip: Be sure to book early to secure the Mount Nelson pink sidecar.*

R3 100 PER CAR (2 HOURS)
R4 300 PER CAR (3 HOURS)
R5 900 PER CAR (4 HOURS)
R6 300 PER CAR (8 HOURS)

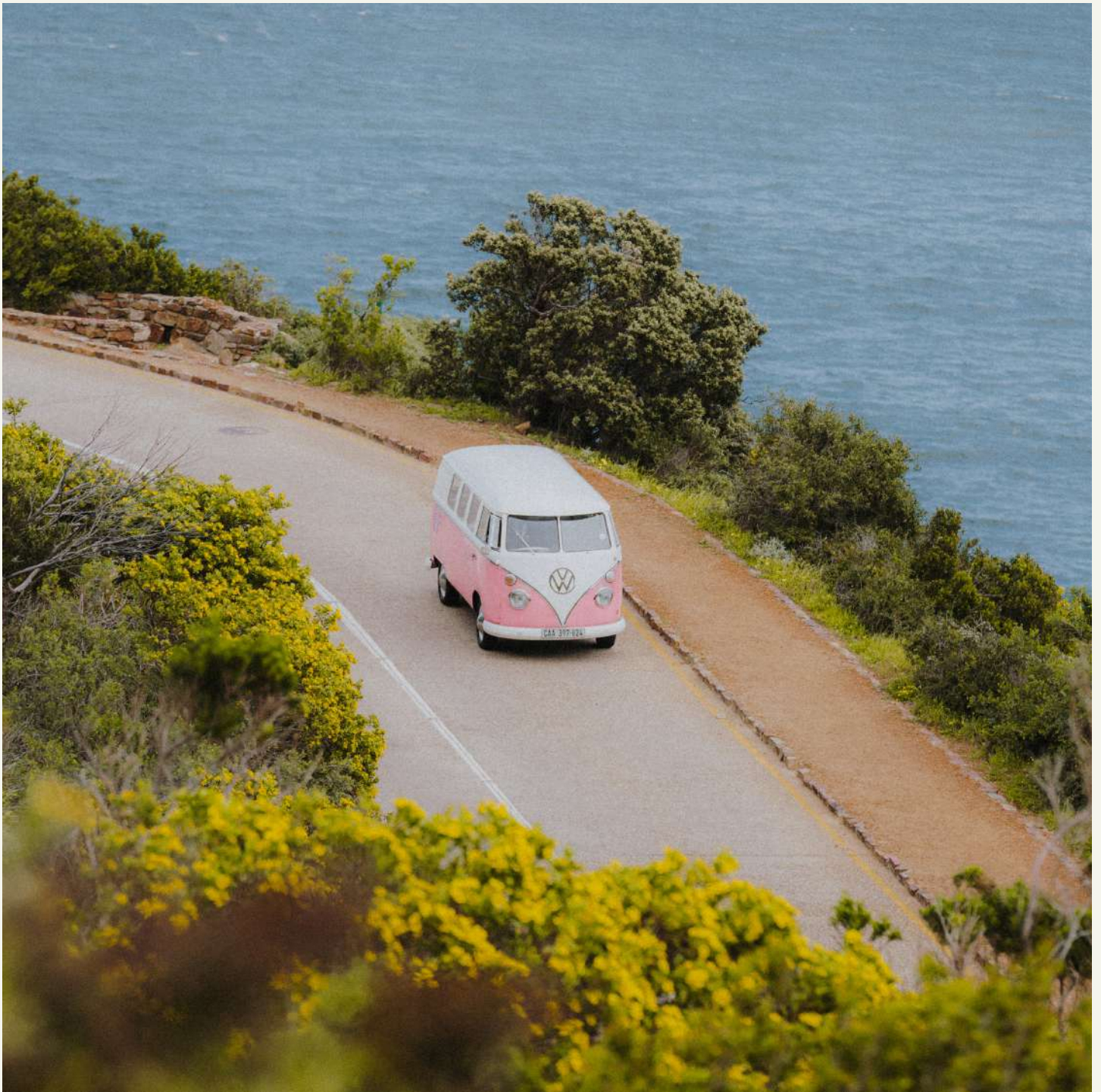


CLASSIC CAR TOURS

Meet in the Lobby at 9am

Gleaming classic cars are available to chauffeur you around the majestic Cape Winelands, opt for a tasting or lunch. Explore Constantia Valley, famed for its white wines, the picturesque Franschhoek Valley or the world-class estates of Stellenbosch and Paarl.

R3 380 PER COUPLE PER CAR (4 HOURS / HALF DAY)
R5 300 PER COUPLE PER CAR (8 HOURS / FULL DAY)



PINK KOMBI TOURS: SURF DAY TRIP

Meet in the Lobby at 9am

Hop aboard the Nellie's Pink Kombi for a memorable surf lesson in Muizenberg. Roxy Surf School provides surfboards, wetsuits and surf lessons to those heading into the warmer waters of False Bay. After catching waves take the opportunity to enjoy lunch by the ocean.

FROM R10 140 FOR 1 PERSON

FROM R1 040 PER ADDITIONAL GUEST (UP TO 6 GUESTS)

***EXCLUDING LUNCH**



CAPE TOWN WINELANDS TOURS

Meet in the Lobby at 9am

Get a taste of the good life on a tour of Cape Town's internationally acclaimed winelands. Specific red, white and Cap Classique tours are perfect for those with a particular area of interest.

R6 855 PER PERSON (4 HOURS / HALF DAY)

R8 175 PER PERSON (8 HOURS / FULL DAY)



PINK KOMBI TOURS: A CULINARY JOURNEY THROUGH CAPE TOWN

Meet in the Lobby at 9am

Embark on a culinary adventure through Cape Town, exploring its vibrant streets and diverse flavors. From Bree Street to Bo-Kaap, experience a fusion of traditions that have shaped the city's unique culinary scene. Discover dishes crafted by local residents and chefs, each telling a story of Cape Town's rich history. The cuisine reflects the influence of various cultures, including Dutch settlers, Cape Malay, and African communities. Every dish offers a taste of the city's heritage, celebrating the legacy and innovation of its people.

FROM R10 140 FOR 1 PERSON

FROM R1 310 PER ADDITIONAL GUEST (UP TO 6 GUESTS)

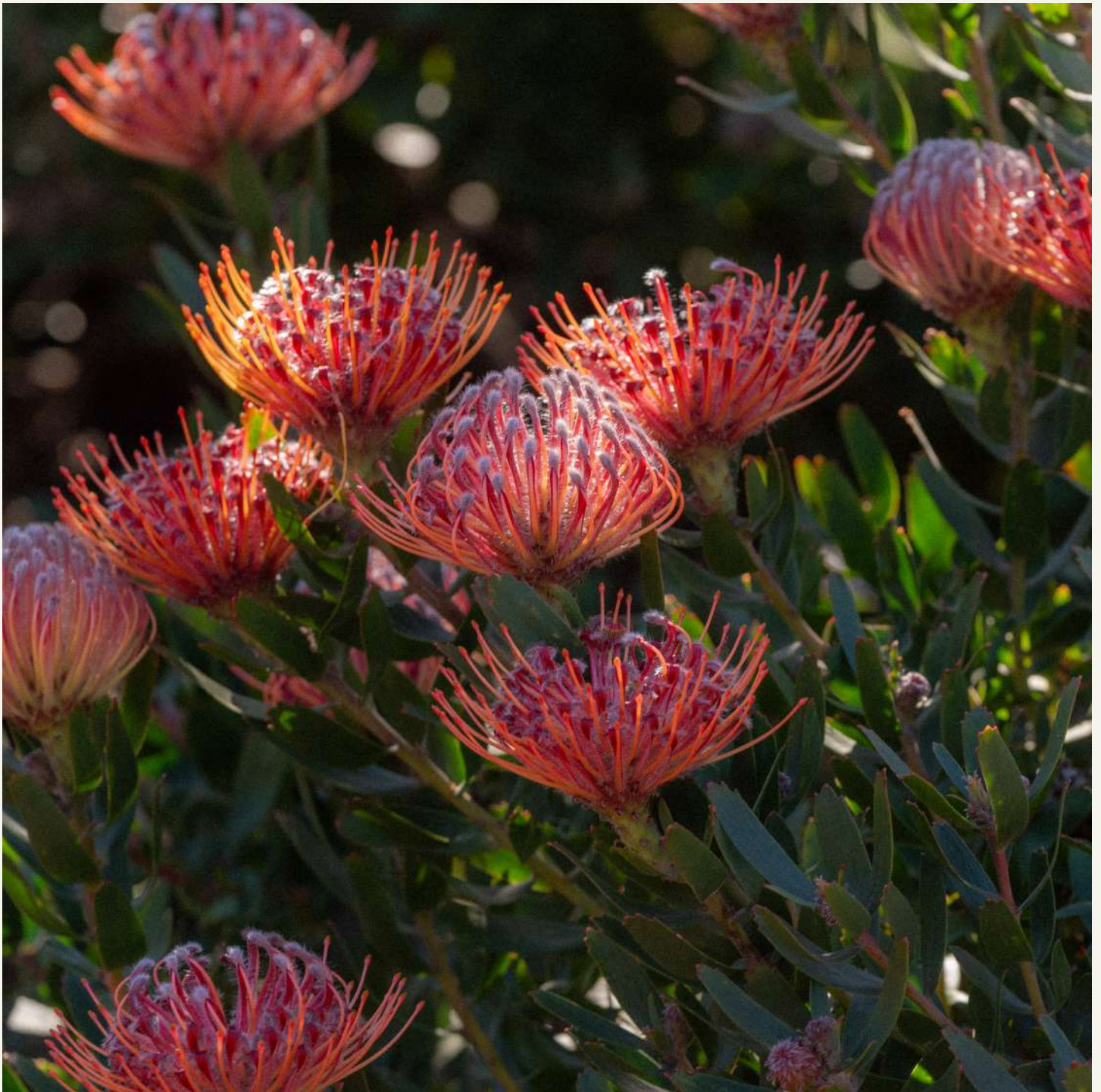


BE A MARINE BIOLOGIST FOR A DAY

Meet in the Lobby at 9am

Discover the extraordinary world that lives beyond Cape Town's shores in the company of renowned marine biologist, Justin Blake. Experiences range from rockpooling to snorkelling, and boat safaris to exhilarating helicopter rides. Only at the Nellie can you experience the Atlantic Ocean and the Cape of Good Hope like a marine biologist. Experiences are all inclusive - bring a hat and warm jacket, we'll take care of the rest. All proceeds support The RockHopper Fund NGO's ocean conservation projects.

FROM R2200 PER PERSON

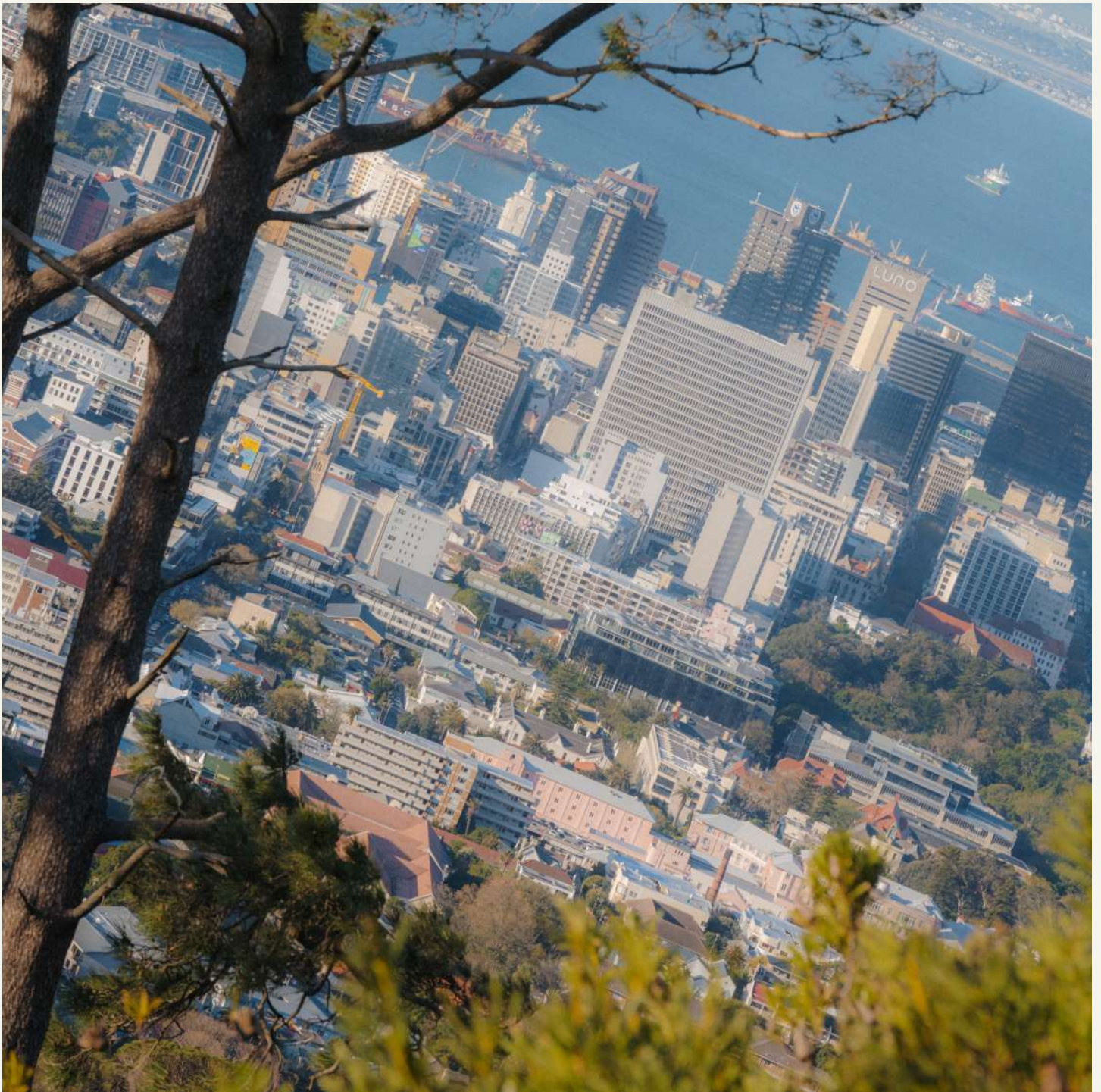


FYNBOS HIKE

Meet in the Lobby

Nature lovers won't want to miss this tempting two-and-a-half hour tour. Led by an expert guide, set off along the lower slopes of Table Mountain to discover the remarkable diversity of the Fynbos. Later, sundowners and snacks high up on the mountainside are the perfect finale.

R3 300 PER PERSON (SOLO TRIP)
R4 200 PER PERSON (COUPLE TRIP)
R5 200 PER PERSON (GROUP OF THREE)
R6 200 PER PERSON (GROUP OF FOUR)



FIRST LIGHT WALK

Meet in the Lobby at 6am

See the first light on a dawn walk, in partnership with Leica Sport Optics. You will be provided with a pair of Leica Trinovoid 8 x42 HD binoculars to encounter the captivating flora and fauna of Table Mountain by dawn's first light. Take a private tour with an expert guide or join a larger group for a team hike.

FROM R3500 PER COUPLE



CAPE TOWN WALKING TOUR

Meet in the Lobby at 9am

Kate Crane Briggs is an expert in art and architecture. Tailor your 1 hour walking tour to your interests - whether it's history, visual arts, architecture, cuisine or literature. Beginning in the hotel's 125-year-old estate, you'll see the city like never before, including special access to studios and collections not usually open to the public.

FROM R3250 FOR A GROUP OF UP TO SIX GUESTS

*Complimentary
daily activities*





Specially curated

DAILY CALENDAR

MONDAY

- 4pm **SOUTH AFRICAN BEVERAGE EXPERIENCE**
Treat some of South Africa's finest, with the beverages changing weekly, look forward to exciting gins and exceptional local wines.
Hosted in the Planet Bar.

TUESDAY

- 8am **GARDEN TOUR**
A walking tour of iconic trees in the tranquil gardens of the Nellie, which reveal fascinating threads of Cape Town's history. *Meet in the Lobby.*
- 4pm **SOUTH AFRICAN BEVERAGE EXPERIENCE**
Treat some of South Africa's finest, with the beverages changing weekly, look forward to exciting gins and exceptional local wines.
Hosted in the Planet Bar.

WEDNESDAY

- 7am **BOOTCAMP**
Sessions with renowned fitness coach, JP. With sessions focusing on HIIT, cardio boxing and conditioning, it's the ultimate way to increase your fitness. *Meet in the gym.*
- 5pm **HISTORY AND ARCHITECTURE TOUR**
Peek behind the scenes into the inner workings of Mount Nelson in its 125th year. Find hidden gems in the vast gardens and discover the myths and legends that stitch the Nellie together.
Meet in the Lobby.

THURSDAY

- 7am **YOGA**
Stay strong, fit and flexible. Offered in the tranquil gardens. *Meet at the Gym.*

FRIDAY

- 8am **GARDEN TOUR**
A walking tour of iconic trees in the tranquil gardens of the Nellie, which reveal fascinating threads of Cape Town's history. *Meet in the Lobby.*

SATURDAY

- 7am **BOOTCAMP**
Sessions with renowned fitness coach, JP. With sessions focusing on HIIT, cardio boxing and conditioning, it's the ultimate way to increase your fitness. *Meet in the gym.*

SUNDAY

- 7am **YOGA**
Stay strong, fit and flexible. Offered in the tranquil gardens. *Meet at the Gym.*

TO BOOK ANY OF THE ABOVE MENTIONED ACTIVITIES PLEASE CONTACT US ON:
WHATSAPP +1(857) 256 5088 OR CONCIERGE #1777

BOOK IN ADVANCE AND SUBJECT TO AVAILABILITY.



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A BELMOND HOTEL
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